## Comet Cupboard Needed Items

### Ready-to-Eat Meals and Meal Starters
- Hearty Canned Soups
- Dried Soups
- Hamburger or Chicken Helper
- Canned stews or pasta meals

### Dairy
- Boxed, evaporated, or powdered milk

### Grains
- *Dry Cereal (Boxes or Bagged)
- Dried Oats or instant oatmeal
- Cream of Wheat, Malt-O-Meal, or grits
- Crackers
- Macaroni and Cheese (Boxed)
- Dried Pasta
- Baking Mixes (Pancakes, cornbread, muffins, biscuits, breads, Bisquick, etc.)
- Dried rice, rice packets, or seasoned rice mixes
- Dried or instant quinoa
- Rice Milk

### Fruits
- Canned, jarred, or packaged fruit, in water or in 100% juice
- Jarred or packaged applesauce
- Dried Fruit

### Vegetables
- Jarred or canned pasta sauce
- Vegetarian Soups
- *Canned Vegetables
- Canned tomatoes or tomato sauce
- Instant Potatoes
- Vegetable Broth
- Vegetable Juice (V-8)

### Meat, Poultry, Fish, Protein
- *Canned or packaged tuna, salmon, or chicken
- *Canned chili
- Beef, turkey, or buffalo jerky
- Canned or Boxed Beef or Chicken Broth
- Vegetarian Beans

### Beans, Legumes, Nuts
- Nuts (peanuts, almonds, walnuts, pistachios, etc.)
- *Peanut & other Nut Butters (Nutella, almond, etc.)
- Seeds (pumpkin, sunflower, etc.)
- Dried or canned beans and lentils
- Soy Products (shelf-stable tofu, canned soybeans, or soy milk)
- Almond Milk

### Fats, Oils, and Sweets
- Jarred jams, jellies, or preserves
- Honey or agave nectar
- Oils (canola, olive, corn, vegetable, etc.)
- Jarred salad dressing

*Indicates high-demand item*